



Ten Essential Components of Local School Wellness Policy Checklist

This document outlines the ten required components of the local school wellness policy (LWP) as defined by the USDA final rule of 2016. Districts can use this checklist in conjunction with Healthier Generation’s Model Wellness Policy, to revise/update their LWP and ensure that it meets federal requirements. Healthier Generation’s Model Wellness Policy includes model language for the required components, as well as resources to support implementation.

RATING SCALE

2 = Includes **all** required language

1 = Include **some** of the required language

0 = Include **none** of the required language

RATING	REQUIRED COMPONENTS	NOTES
	The policy identifies one or more school district and/or school official(s) who have the authority and responsibility for ensuring that each school complies with the policy.	
	The policy includes language inviting parents, students, representatives of the school food authority, teachers of physical education, school health professionals, the school board, school administrators, and the general public to participate in the development, implementation, and review and update of the LWP.	
	The policy includes language describing the methods for informing the public (including parents, students, and others in the community) about the LWP, and updates this information on an annual basis.	
	<p>The policy includes language that outlines the triennial assessment. At least once every three years, the following is measured and made available to the public:</p> <ul style="list-style-type: none"> • the extent to which schools comply with the LWP, • the extent to which the LWP compares to model local school wellness policies, and • the progress made in attaining the goals of the LWP 	



RATING	REQUIRED COMPONENTS	NOTES
	<p>The policy includes nutrition standards for all foods and beverages sold on the school campus during the school day that are consistent with Federal regulations for school meals and the Smart Snacks in School nutrition standards.</p>	
	<p>The policy includes standards for all foods and beverages provided, but not sold, to students during the school day (e.g., in classroom parties or classroom snacks brought by parents).</p>	
	<p>The policy includes specific goals for nutrition education and promotion activities.</p>	
	<p>The policy includes requirements for marketing and advertising of only those foods and beverages that meet the USDA Smart Snacks in School nutrition standards on the school campus during the school day.</p>	
	<p>The policy includes specific goals for physical activity opportunities.</p>	
	<p>The policy includes specific goals for other school-based activities that promote student wellness.</p>	